

CMA Ryu

Japanese Ju-Jitsu

Traditional System; Modern Style

- Increase your confidence.
- Improve your Physical & Mental Health.
- Cross Train & add skills to your Toolbox.
- Make new friends.
- Learn new Life skills.
- Ideal for male or female.



New Students always welcome

*****First Two Lessons are Free*****

Classes Held at:

Euxton Community Centre,
School Lane.
PR7 6JL

Every Friday:

- Junior Class (5-10yr Old) 17:10 until 17:55
- Senior Class (11-15yr Old) 18:00 until 18:45
- Adult Class (16yrs +) 18:50 until 19:50

These classes are ideal for beginners as well as experienced martial artists interested in adding new skills to their existing knowledge and training.

Pay as you train, or discounts available for monthly payment.

Friendly and welcoming 5th Degree Black Belt Instructor with 40+yrs experience in Martial Arts and basic DBS Certificate.

Contact Sensei Dave: 07876 342 109

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@cma_ryu on Instagram & Facebook

www.cmaryu.com

Members of: International Kempo Ju-Jitsu Union & Kyusho Jitsu Europe